

# 2019 Meeting Break Packages

## MORNING COFFEE \$7.05

CROISSANTS & MUFFINS  
ASSORTED JUICES  
COFFEE & TEA

WITH GLUTEN FREE MUFFINS \$1.30

## DAY STARTER \$7.85

WHOLE FRUIT  
INDIVIDUAL YOGURTS  
ASSORTED JUICES  
COFFEE & TEA

## HEALTHY BREAK \$11.05

FRUIT TRAY WITH YOGURT DIP  
GRANOLA BARS  
ASSORTED JUICES, COFFEE & TEA

WITH GLUTEN FREE MUFFINS \$1.30

## BUSINESS BREAK \$8.90

ASSORTED MUFFINS  
BAGELS WITH CREAM CHEESE  
INDIVIDUAL YOGURTS  
ASSORTED JUICES, COFFEE & TEA

ADD FRUIT TRAY: \$3.15

WITH GLUTEN FREE MUFFINS \$1.30

## SWEET TOOTH \$8.65

ASSORTMENT OF COOKIES  
NANAIMO BARS & SQUARES  
SOFT DRINKS, COFFEE & TEA

WITH GLUTEN FREE BROWNIES \$1.30

## AFTERNOON SNACK \$12.05

FRUIT TRAY WITH YOGURT DIP  
CHEESE & CRACKER TRAY  
SOFT DRINKS, COFFEE & TEA

## MID-DAY BREAK \$12.05

VEGETABLES & DIP  
CHEESE & CRACKER TRAY  
SOFT DRINKS, COFFEE & TEA

## LITTLE BIT OF CHOCOLATE \$11.30

FRUIT SKEWERS WITH DRIZZLED CHOCOLATE  
ASSORTMENT OF COOKIES  
ASSORTED JUICES, COFFEE & TEA

WITH GLUTEN FREE BROWNIES \$1.30

## DIP TRIO \$12.05

TRIO OF DIPS WITH PITA CHIPS  
(HUMMUS, ROASTED RED PEPPER, ARTICHOKE)  
CHIPS & SALSA  
SOFT DRINKS, COFFEE & TEA

ADD CARROT & CELERY STICKS: \$2.35

### EXTRAS (PRICED INDIVIDUALLY)

COFFEE / TEA / HERBAL TEA	\$2.15
CHILLED JUICE	\$2.15
BOTTLED WATER	\$2.20
PERRIER WATER	\$2.75
V8 JUICE	\$2.75
SOFT DRINKS	\$2.15
NANAIMO BARS / SQUARES	\$2.35
ASSORTED COOKIES (PER DZ)	\$19.95

### TRAYS (PRICED INDIVIDUALLY)

SMALL (SERVES 20) / MEDIUM (SERVES 35) / LARGE (SERVES 50)

#### FRUIT TRAY

S: \$ 66.15 M: \$ 93.75 L: \$ 126.50

#### VEGETABLES & DIP

S: \$ 49.60 M: \$ 74.65 L: \$ 104.75

#### CHEESE & CRACKERS

S: \$ 99.25 M: \$ 176.40 L: \$ 247.80

#### ASSORTED SANDWICHES

S: \$ 178.50 M: \$ 315.00 L: \$ 441.00

ADD FAIR TRADE COFFEE: \$1.15